



# Wild Awakening: The Heart of Mahamudra and Dzogchen

By Dzogchen Ponlop Rinpoche

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**Wild Awakening: The Heart of Mahamudra and Dzogchen** By Dzogchen Ponlop Rinpoche

Mahamudra and Dzogchen are perhaps the most profound teachings within all of Tibetan Buddhism. The experience of *Mahamudra*, or "great symbol," is an overwhelming sense of extraordinary clarity, totally open and nondualistic. *Dzogchen*, or "great perfection," is the ultimate teaching according to the Nyingma tradition and also represents the pinnacle of spiritual development. These are the two paths that provide practitioners with the most skillful means to experience the fully awakened state and directly taste the reality of our mind and environment. And yet these concepts are notoriously difficult to grasp and challenging to explain. In *Wild Awakening*, Tibetan Buddhist master Dzogchen Ponlop Rinpoche presents these esoteric teachings in a style that reveals their surprising simplicity and great practical value, emphasizing that we can all experience our world more directly, with responsibility, freedom, and confidence. With a straightforward approach and informal style, he presents these essential teachings in a way that even those very new to Tibetan Buddhism can understand.

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*By Dzogchen Ponlop Rinpoche*

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## **Wild Awakening: The Heart of Mahamudra and Dzogchen** By Dzogchen Ponlop Rinpoche **Bibliography**

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### Editorial Review

#### Review

"I know of no more complete, practical, and accessible guide to the paths of Mahamudra and Dzogchen. One of the most brilliant Tibetan Buddhist teachers of his generation, Dzogchen Ponlop Rinpoche explains with striking clarity and richness the heart of the 'practice lineage,' as, step by step, he leads us through the Sutra, Mantra, and Essence Mahamudra, and the nine vehicles that culminate in the Great Perfection:

*Dzogpachenpo*."—Sogyal Rinpoche, author of *The Tibetan Book of Living and Dying*

"Dzogchen Ponlop Rinpoche is an amazing human being. For seven lifetimes he has been a recognized master of Mahamudra and Dzogchen meditation. In this lifetime, he was first in his class at the Nalanda Institute of Buddhist Philosophy. He has studied modern psychology and has an intimate understanding of the Western mind, having lived and taught in Europe and North America for many years. This book he has written is like a shining lamp that illuminates the path to realizing your own basic nature. Read it and let it open you up to the wish-fulfilling jewel of your own true nature of mind."—Khenpo Tsultrim Gyamtso, author of *The Sun of Wisdom*

"A fascinating and daring description of the tantric journey by one of the very finest contemporary Tibetan teachers. Deeply informed by impeccable scholarship, this book is a profound and subtle evocation of the experience of Mahamudra and Dzogchen that modern people will find clear, inspiring, and compelling."—Reginald A. Ray, author of *Indestructible Truth* and *Secret of the Vajra World*

#### From the Inside Flap

Mahamudra and Dzogchen are perhaps the most profound teachings within all of Tibetan Buddhism. The experience of "Mahamudra, or "great symbol," is an overwhelming sense of extraordinary clarity, totally open and nondualistic. "Dzogchen, or "great perfection," is the ultimate teaching according to the Nyingma tradition and also represents the pinnacle of spiritual development. These are the two paths that provide practitioners with the most skillful means to experience the fully awakened state and directly taste the reality of our mind and environment. And yet these concepts are notoriously difficult to grasp and challenging to explain. In "Wild Awakening, Tibetan Buddhist master Dzogchen Ponlop Rinpoche presents these esoteric teachings in a style that reveals their surprising simplicity and great practical value, emphasizing that we can all experience our world more directly, with responsibility, freedom, and confidence. With a straightforward approach and informal style, he presents these essential teachings in a way that even those very new to Tibetan Buddhism can understand.

#### About the Author

Dzogchen Ponlop Rinpoche, born in 1965 in northeast India, was trained in the meditative and intellectual disciplines of Indian and Tibetan Buddhism under the guidance of many of the greatest masters from Tibet's pre-exile generation. He is a widely celebrated teacher, known for his skill in making the full richness of Buddhist wisdom accessible to modern minds, and devotes much of his energy to developing a vision of a genuine Western Buddhism. For more information, go to [www.rebelbuddha.com](http://www.rebelbuddha.com).

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**Isaiah Owen:**

Playing with family inside a park, coming to see the sea world or hanging out with friends is thing that usually you will have done when you have spare time, in that case why you don't try thing that really opposite from that. A single activity that make you not feeling tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Wild Awakening: The Heart of Mahamudra and Dzogchen, you are able to enjoy both. It is excellent combination right, you still need to miss it? What kind of hang type is it? Oh can occur its mind hangout guys. What? Still don't obtain it, oh come on its referred to as reading friends.

**Robert Bartlett:**

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**Roger Alford:**

The book untitled Wild Awakening: The Heart of Mahamudra and Dzogchen contain a lot of information on it. The writer explains the woman idea with easy technique. The language is very easy to understand all the people, so do not really worry, you can easy to read this. The book was written by famous author. The author will take you in the new time of literary works. You can easily read this book because you can keep reading your smart phone, or product, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can open up their official web-site as well as order it. Have a nice study.

**Michael Santiago:**

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