



## ¿Como saber si no eres budista? (What Makes You Not a Buddhist) (Spanish Edition)

By Dzongsar Jamyang Khyentse

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¿Así que crees ser budista? Veamos, reflexiona. El maestro de budismo tibetano Dzongsar Jamyang Khyentse, uno de los Lamas más creativos e innovadores de hoy en día, arroja el guante al mundo budista, desafiando los conceptos erróneos, estereotipos y fantasías más comunes. Con ingenio e ironía Khyentse incita a los lectores a ir más allá de los adornos superficiales del budismo, más allá del romance con las cuentas del rosario, el incienso o los hábitos exóticos, y a entrar derecho en el corazón de lo que el Buda enseñó.

So you think you're a Buddhist? Think again. Tibetan Buddhist master Dzongsar Jamyang Khyentse, one of the most creative and innovative lamas teaching today, throws down the gauntlet to the Buddhist world, challenging common misconceptions, stereotypes, and fantasies. With wit and irony, Khyentse urges readers to move beyond the superficial trappings of Buddhism—beyond the romance with beads, incense, or exotic robes—straight to the heart of what the Buddha taught.

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## **Editorial Review**

### **Review**

“Por fin una voz nueva y refrescante en el budismo tibetano... Hay mucha materia para la reflexión en este libro breve destinado a estudiantes de budismo y a cualquiera que se interese por la adaptación en marcha de la sabiduría oriental tradicional al contexto occidental posmoderno”.—*Publishers Weekly*

“Un repaso agradable o una introducción excelente al budismo, aún para aquellos que eligen no ser budistas”.—*New Age Retailer*

“Here at last is a crisp new voice in Tibetan Buddhism. . . . There is much food for thought in this short book for Buddhist students and for anyone interested in the ongoing adaptation of traditional Eastern wisdom into postmodern Western settings.”—*Publishers Weekly*

“A pleasant refresher or an excellent introduction to Buddhism, even for those who choose not to be Buddhists.”—*New Age Retailer*

### **About the Author**

Dzongsar Jamyang Khyentse (Khyentse Norbu) is a Tibetan Buddhist lama who travels and teaches internationally and is also an award-winning filmmaker. He is the abbot of several monasteries in Asia and the spiritual director of meditation centers in Vancouver, San Francisco, Sydney, Hong Kong, and Taipei. He is also head of a Buddhist organization called Siddhartha's Intent.

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**Lillian Kea:**

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