

# Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client

*By Barbara Lichner Ingram*

Download now

Read Online ➔

## **Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client** By Barbara Lichner Ingram

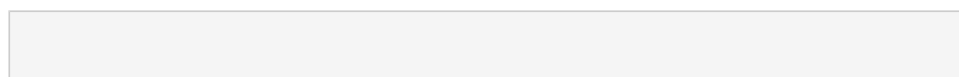
A step-by-step model for individualized case conceptualization

This innovative new guide addresses the essential question facing every therapist with a new client: How do I create a treatment plan that is the best match for my client? This unique resource provides a systematic method to integrate ideas, skills, and techniques from different theoretical approaches, empirical research, and clinical experience to create a case formulation that is tailor-made for the client.

Clinical Case Formulations is divided into three parts:

- \* **Getting Started**--provides an overview that sets forth a framework for case formulation and data gathering.
- \* **28 Core Clinical Hypotheses**--offers a meta-framework embracing all theories, orientations, and mental health intervention models and presents clinical hypotheses within seven categories: Biological Hypotheses; Crisis, Stressful Situations, and Transitions; Behavioral and Learning Models; Cognitive Models; Existential and Spiritual Models; Psychodynamic Models; and Social, Cultural, and Environmental Factors. These hypotheses are combined and integrated to develop a coherent conceptualization of the client's problems.
- \* **Steps to a Complete Case Formulation**--provides a structured framework known as the Problem-Oriented Method (POM). Using the POM and integrating multiple hypotheses, the therapist learns how to think intelligently, critically, and creatively in order to develop a tailor-made treatment plan. A list of thirty-three standards for evaluating the application of this method is provided.

With this practical guide you will learn to conceptualize your clients' needs in ways that lead to effective treatment plans while finding the tools for troubleshooting when interventions fail to produce expected benefits.



 [\*\*Download\*\* Clinical Case Formulations: Matching the Integrati ...pdf](#)

 [\*\*Read Online\*\* Clinical Case Formulations: Matching the Integra ...pdf](#)

# Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client

*By Barbara Lichner Ingram*

**Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client** By Barbara Lichner Ingram

A step-by-step model for individualized case conceptualization

This innovative new guide addresses the essential question facing every therapist with a new client: How do I create a treatment plan that is the best match for my client? This unique resource provides a systematic method to integrate ideas, skills, and techniques from different theoretical approaches, empirical research, and clinical experience to create a case formulation that is tailor-made for the client.


Clinical Case Formulations is divided into three parts:

- \* **Getting Started**--provides an overview that sets forth a framework for case formulation and data gathering.
- \* **28 Core Clinical Hypotheses**--offers a meta-framework embracing all theories, orientations, and mental health intervention models and presents clinical hypotheses within seven categories: Biological Hypotheses; Crisis, Stressful Situations, and Transitions; Behavioral and Learning Models; Cognitive Models; Existential and Spiritual Models; Psychodynamic Models; and Social, Cultural, and Environmental Factors. These hypotheses are combined and integrated to develop a coherent conceptualization of the client's problems.
- \* **Steps to a Complete Case Formulation**--provides a structured framework known as the Problem-Oriented Method (POM). Using the POM and integrating multiple hypotheses, the therapist learns how to think intelligently, critically, and creatively in order to develop a tailor-made treatment plan. A list of thirty-three standards for evaluating the application of this method is provided.

With this practical guide you will learn to conceptualize your clients' needs in ways that lead to effective treatment plans while finding the tools for troubleshooting when interventions fail to produce expected benefits.

**Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client** By Barbara Lichner Ingram **Bibliography**

- Sales Rank: #1397813 in Books
- Published on: 2006-06-23
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 9.88" h x 1.81" w x 6.99" l, 2.66 pounds
- Binding: Paperback
- 696 pages

 [\*\*Download\*\* Clinical Case Formulations: Matching the Integrati ...pdf](#)

 [\*\*Read Online\*\* Clinical Case Formulations: Matching the Integra ...pdf](#)

## Download and Read Free Online Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client By Barbara Lichner Ingram

---

### Editorial Review

#### Review

"In summary, the book is a very helpful clinical guide to developing case formulations in general and a significant first effort to assist students in developing integrative case formulations in particular."

(*PsycCRITIQUES*; 8/15/07)

#### From the Back Cover

#### **A step-by-step model for individualized case conceptualization**

This innovative new guide addresses the essential question facing every therapist with a new client: How do I create a treatment plan that is the best match for my client? This unique resource provides a systematic method to integrate ideas, skills, and techniques from different theoretical approaches, empirical research, and clinical experience to create a case formulation that is tailor-made for the client.

#### **Clinical Case Formulations is divided into three parts:**

- **Getting Started**—provides an overview that sets forth a framework for case formulation and data gathering.
- **28 Core Clinical Hypotheses**—offers a meta-framework embracing all theories, orientations, and mental health intervention models and presents clinical hypotheses within seven categories: Biological Hypotheses; Crisis, Stressful Situations, and Transitions; Behavioral and Learning Models; Cognitive Models; Existential and Spiritual Models; Psychodynamic Models; and Social, Cultural, and Environmental Factors. These hypotheses are combined and integrated to develop a coherent conceptualization of the client's problems.
- **Steps to a Complete Case Formulation**—provides a structured framework known as the Problem-Oriented Method (POM). Using the POM and integrating multiple hypotheses, the therapist learns how to think intelligently, critically, and creatively in order to develop a tailor-made treatment plan. A list of thirty-three standards for evaluating the application of this method is provided.

With this practical guide you will learn to conceptualize your clients' needs in ways that lead to effective treatment plans while finding the tools for troubleshooting when interventions fail to produce expected benefits.

#### About the Author

**BARBARA LICHNER INGRAM, PHD**, is Professor of Psychology at Pepperdine University.

### Users Review

#### **From reader reviews:**

#### **Matthew Siller:**

Do you have favorite book? Should you have, what is your favorite's book? Guide is very important thing for us to find out everything in the world. Each e-book has different aim or goal; it means that book has different type. Some people truly feel enjoy to spend their the perfect time to read a book. They are reading whatever they have because their hobby is usually reading a book. Think about the person who don't like reading a

book? Sometime, man or woman feel need book if they found difficult problem or exercise. Well, probably you will require this Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client.

**Geraldine Noll:**

As people who live in often the modest era should be up-date about what going on or data even knowledge to make these individuals keep up with the era that is always change and advance. Some of you maybe can update themselves by reading through books. It is a good choice for you personally but the problems coming to anyone is you don't know what kind you should start with. This Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client is our recommendation to make you keep up with the world. Why, as this book serves what you want and need in this era.

**Chris Robins:**

Reading a publication can be one of a lot of action that everyone in the world likes. Do you like reading book consequently. There are a lot of reasons why people like it. First reading a e-book will give you a lot of new facts. When you read a e-book you will get new information due to the fact book is one of several ways to share the information or even their idea. Second, looking at a book will make you actually more imaginative. When you examining a book especially hype book the author will bring someone to imagine the story how the figures do it anything. Third, you may share your knowledge to other folks. When you read this Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client, you may tells your family, friends along with soon about yours reserve. Your knowledge can inspire different ones, make them reading a publication.

**Charles Simpson:**

Spent a free time and energy to be fun activity to perform! A lot of people spent their down time with their family, or their very own friends. Usually they performing activity like watching television, going to beach, or picnic within the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? May be reading a book can be option to fill your totally free time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the reserve untitled Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client can be very good book to read. May be it can be best activity to you.

**Download and Read Online Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client By Barbara Lichner Ingram #ZK6H42IBMJ0**

# **Read Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client By Barbara Lichner Ingram for online ebook**

Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client By Barbara Lichner Ingram Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client By Barbara Lichner Ingram books to read online.

## **Online Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client By Barbara Lichner Ingram ebook PDF download**

### **Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client By Barbara Lichner Ingram Doc**

Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client By Barbara Lichner Ingram Mobipocket

Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client By Barbara Lichner Ingram EPub