



# Natural Horsemanship Explained: From Heart to Hands

*By Robert M. Miller*

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The highly respected veterinarian Robert Miller reveals the “secrets” of behavioral psychology that create the bond that some people attribute to specially-talented “horse whisperers.” However, any rider can create this relationship by following the steps to natural horsemanship outlined by the widely acknowledged master of the art. This book outlines, step by step, the keys to working successfully with animals, beginning with the understanding that horses are not afraid of predators, but only by predatory behavior with which any animal – including humans – can threaten them.

Presenting new information and insights in user-friendly terms, Dr. Miller uses case histories as examples of successful natural horsemanship, and cites the innovations of such trainers as Buck Brannaman and Pat Parelli. This hardcover is a groundbreaking new work in the field, from a respected equine veterinarian who can help bond any horse and rider.

Dr. Miller is a veterinarian, lecturer and author of several ground-breaking books on imprinting foals and horses. Co-author of *The Revolution in Horsemanship*, he lives in Thousand Oaks, California.

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## **Natural Horsemanship Explained: From Heart to Hands** By Robert M. Miller Bibliography

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## **Editorial Review**

### Review

"I first observed Dr. Miller in Texas in the early 80's while I was a veterinary student. He would travel the country, giving demonstrations of "tube worming" (passing a long plastic tube through a horse's nose into the stomach) in less than cooperative horses. He would take any horse presented to him, rearing, striking, and/or biting, and patiently and methodically demonstrate the procedure using desensitization and counter-conditioning. That was in the days before Karen Parelli Hagen coined the term "natural horsemanship" and during a time when instruction of equine behavior was lacking, or only minimally covered in veterinary curricula. Dr. Miller has been a life-long student of animal (and human) behavior, and his passion for horses is palpable. *Natural Horsemanship Explained* is an easy and entertaining read that elucidates the behavioral science behind the effective training methods popular today. With his keen sense of observation, decades of experience riding and working with horses in his veterinary practice, his wonderful sense of humor, and his obsession with understanding how horses behave, Dr. Miller's book will be a useful addition to the library of anyone who is a horse lover, professional or student, working to improve their skills at reading behavior, communicating, riding or simply enjoying horses.

--Sharon J. Spier, DVM, PhD, Dipl. ACVIM  
Professor, School of Veterinary Medicine  
University of California, Davis

### From the Inside Flap

Like other revolutionary explanations of behavior, "Natural Horsemanship"—the training approach that creates a bond by understanding and using a horse's natural instincts—has its adherents and its skeptics.

In his earlier book, *The Revolution in Horsemanship*, Robert M. Miller, D.V.M., traced the rise of Natural Horsemanship. Now he addresses the reasons why and how the method is so successful, so that horsemen of all levels of experience can use it to fullest advantage.

Drawing examples from years of observation and experimentation with a variety of animal species, the author shares the reasons why certain behaviors cause fear in horses. He then goes on to prove how conditioning, desensitization, rewards, and timing will help horses overcome such instincts — and on the animals' own terms.

Helping to make the case for this positive approach are many examples from Dr. Miller's long and varied career as horseman and veterinarian, as well as from the experiences of Pat Parelli, Clinton Anderson, Monte Roberts, John Lyons, and other noted Natural Horsemanship clinicians.

Especially enlightening are the author's views on the foal imprinting techniques that he developed, as well as how enhancing the human-equine bond helps horses of all ages and disciplines. As an example, Dr. Miller offers a fascinating account of the training methods of police horses, by which they learn how to cope with crowds, explosions, and other "natural enemies" through the principles of Natural Horsemanship.

*Natural Horsemanship Explained* will convince even the most skeptical horseman of the indisputable value of this philosophy and practice. There is no one who can better make the case for strengthening the bond between us and our horses than the movement's veterinary guru, whom generations of trainers, commentators, owners, and riders have come to respect and admire.

From the Back Cover

“Dr. Miller is a trailblazer, an innovator, way ahead of the bell curve in seeing how important behavior modification is in working with horses. He never forgets about veterinary science but also taps into the soul. This book is a wonderful opportunity for the lay reader to understand his way of thinking.”

—**Martin Becker, D.V.M.**

resident vet on ABC-TV's *Good Morning America*

“[Dr. Miller's] photos of the hands of these men are amazing. It seems to me this must go beyond mere grace . . . The photos show these horsemen have no wish to get a klutzy grip on reins, but rather signal the horse that they want to communicate rather than dominate. Astonishing.”

—**Hugh Downs**

Television broadcaster, former host of ABC-TV's *20-20*

“The term ‘Natural Horsemanship’ has taken on numerous meanings in recent years; some positive, some negative, and some just plain wrong. In this book, Dr. Miller provides a unique perspective to the movement that has fundamentally changed the way humans interact with horses, not only in this country, but around the world. Along the way, he exposes myths, explains truths, and clears up mounds of misinformation about equine behavior. Regardless of your experience or degree of horse knowledge, I believe you'll find this an enlightening read.”

—**Darrell Dodds**

Publisher, *Western Horseman*

## **Users Review**

### **From reader reviews:**

#### **Steven Holt:**

Have you spare time for a day? What do you do when you have considerably more or little spare time? Yeah, you can choose the suitable activity with regard to spend your time. Any person spent their spare time to take a walk, shopping, or went to typically the Mall. How about open or read a book allowed Natural Horsemanship Explained: From Heart to Hands? Maybe it is to be best activity for you. You understand beside you can spend your time along with your favorite's book, you can smarter than before. Do you agree with it is opinion or you have additional opinion?

#### **Vincent Erickson:**

The book *Natural Horsemanship Explained: From Heart to Hands* gives you the sense of being enjoy for

your spare time. You may use to make your capable much more increase. Book can being your best friend when you getting anxiety or having big problem together with your subject. If you can make studying a book Natural Horsemanship Explained: From Heart to Hands to get your habit, you can get much more advantages, like add your current capable, increase your knowledge about some or all subjects. You can know everything if you like open up and read a e-book Natural Horsemanship Explained: From Heart to Hands. Kinds of book are several. It means that, science e-book or encyclopedia or other individuals. So , how do you think about this e-book?

**Rosalyn Kendall:**

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**Brittany Gonzalez:**

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