



## Cilantro: A Book of Recipes

By Helen Sudell

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Coriander has always been highly esteemed in the East and in Mediterranean countries for its ability to enliven a wide variety of dishes from soups and stews to salsas, curries and salads.

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### **Editorial Review**

#### **About the Author**

Helen Sudell is an established cooking editor, writer and gardener who has a well-established allotment and loves to use fresh, natural ingredients in her cooking. For this volume she has gathered the recipes from a wide range of food writers.

### **Users Review**

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##### **James Sharpton:**

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