



The Psychology of Dexter (Psychology of Popular Culture)

By Bella DePaulo

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Aimed at *Dexter* devotees and armchair psychologists, *The Psychology of Dexter* takes on the psychological complexities of the popular series with an eye towards insight and accessibility. It analyzes not just the title character, but his family, coworkers, and even his viewers. What makes Dexter tick? And what makes a show about a serial killer so appealing to those of us at home?

From the implications of faking normalcy (could it be behind Dexter's still-in-progress emotional growth?) to where the show weighs in on the psychological debate between nature and nurture, *The Psychology of Dexter* gives fans a peek inside Dexter's—and Dexter's—psyche.

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Editorial Review

About the Author

Bella DePaulo (PhD, Harvard) is the author of Behind the Door of Deceit: Understanding the Biggest Liars in Our Lives and Singled Out: How Singles Are Stereotyped, Stigmatized, and Ignored, and Still Live Happily Ever After. She has published more than 100 scholarly articles. DePaulo's work on deception has been described in the New York Times, the Washington Post, the Wall Street Journal, Time magazine, the New Yorker, and many other publications. Dr. DePaulo has appeared as an expert on deception on ABC, NBC, CBS, CNN, PBS, the BBC, and other television outlets. She has also lectured nationally and internationally.

Users Review

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Linda Haag:

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