



# Teach Your Children Well (Enhanced Edition): Why Values and Coping Skills Matter More Than Grades, Trophies, or "Fat Envelopes"

By Madeline Levine PhD

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**Teach Your Children Well (Enhanced Edition): Why Values and Coping Skills Matter More Than Grades, Trophies, or "Fat Envelopes" By Madeline Levine PhD**

In 7 exclusive video chats found only in the enhanced e-book edition of *Teach Your Children Well*, Dr. Madeline Levine serves as psychologist, mentor and fellow parent, offering practical advice, breaking down modern parenting myths and asking challenging questions to make you a better parent.

Psychologist Madeline Levine brings together cutting-edge research and thirty years of clinical experience to explode once and for all the myth that good grades, high test scores, and college acceptances should define the parenting endgame.

Parents, educators, and the media wring their hands about the plight of America's children and teens—soaring rates of emotional problems, limited coping skills, disengagement from learning and yet there are ways to reverse these disheartening trends. *Teach Your Children Well* acknowledges that every parent wants successful children. However, until we are clearer about our core values and the parenting choices that are most likely to lead to authentic, and not superficial, success, we will continue to raise exhausted, externally driven, impaired children who believe they are only as good as their last performance. Real success is always an inside job, argues Levine, and is measured not by today's report card but by the people our children become fifteen or twenty years down the line.

Refusing to be diverted by manufactured controversies such as "tiger moms versus coddling moms," Levine confronts the real issues behind the way we push some of our kids to the breaking point while dismissing the talents and interests of many others. She shows us how to shift our focus from the excesses of hyperparenting and the unhealthy reliance on our children for status and meaning to a parenting style that concentrates on both enabling academic success as well as developing a sense of purpose, well-being, connection, and meaning in our

children's lives.

*Teach Your Children Well* is a call to action. And while it takes courage to make the changes we believe in, the time has come, says Levine, to return our overwrought families to a healthier and saner version of themselves.

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## Editorial Review

### Review

“Levine really comes into her own . . . when she moves beyond child development to concentrate instead on parent development, exploring why we do the misguided things we do, and asking how we must (as we must) change ourselves and behave differently.” (Judith Warner, *New York Times Book Review* (Editor's Choice))

“Here’s one potentially bright and shiny opportunity for optimism (at least if you take her advice) thanks to one busy and one hope’s wise clinical psychologist. . . . Her insights are fresh . . . look no further for your Beach Book, here it is!” (*Psychology Today*)

“Powerful text. . . . Parents who want their kids to succeed without compromising their health or losing the joy of learning will be buoyed by Levine’s support, encouragement, and guidance.” (*Publishers Weekly*)

“An excellent new book.” (*Forbes*)

“Levine, author of *The Price of Privilege*, offers practical tips for helping kids relax, cope with the very real demands of adolescence and mature into healthy adults.” (*San Jose Mercury News*)

“Practical advice for raising well-rounded and successful children. . . . A rethinking of the term ‘success’ provides new insight on how to raise today’s youth.” (*Kirkus Reviews*)

“A modern guide for the perplexed! First Levine captures a culture which puts competition and social status ahead of character. Then, with a gentle, firm remarkably clear head, she tells parents precisely what to do to bring good sense and respect for children back to parenting.” (Wendy Mogel, PhD, author of *The Blessing of a B Minus* and *The Blessing of a Skinned Knee*)

“A fantastic, on-point, desperately needed book! If you have children or care about children or care about the future of this country and the world, read this book.” (Dr. Ned Hallowell, author of *The Childhood Roots of Adult Happiness*)

“Madeline Levine’s voice is a welcome antidote to the Tiger-Momming of America. [*Teach Your Children Well*] is packed with smart and savvy advice for raising independent, productive, and well-adjusted young people. Read this book—your kids will thank you.” (Daniel H. Pink, author of *Drive* and *A Whole New Mind*)

“With keen insight and telling examples, Levine offers suggestions for adopting a more balanced idea of success that requires changing deeply ingrained habits but is well worth the effort.” (David Elkind, PhD, author of *The Hurried Child*)

“For the sake of the adults of tomorrow, I hope that *Teach Your Children Well* becomes a must-read and must-discuss book for parents today.” (Kenneth R. Ginsburg MD, MS Ed, author of *Letting Go with Love and Confidence* and *Building Resilience in Children and Teens*)

From the Back Cover

Psychologist Madeline Levine brings together cutting-edge research and thirty years of clinical experience to explode once and for all the myth that good grades, high test scores, and college acceptances should define the parenting endgame.

Parents, educators, and the media wring their hands about the escalating rates of emotional problems and lack of real engagement with learning found so frequently among America's children and teens. Yet there are ways to reverse these disheartening trends. Until we are clearer about our core values and the parenting choices that are most likely to lead to authentic, and not superficial, success, we will continue to raise exhausted, externally driven, and emotionally impaired children who believe they are only as good as their last performance.

Confronting the real issues behind why we push some of our kids to the breaking point while dismissing the talents and interests of many others, Levine shows us how to shift our focus from the excesses of hyperparenting and the unhealthy reliance on our children for status and meaning to a parenting style that concentrates on both enabling academic success and developing a sense of purpose, well-being, and connection in our children's lives.

#### About the Author

Madeline Levine, PhD, is a clinician, consultant, and educator; the author of the *New York Times* bestseller *The Price of Privilege*; and a cofounder of Challenge Success, a project of the Stanford School of Education that addresses education reform, student well-being, and parent education. She lives outside San Francisco with her husband and is the proud mother of three newly minted adult sons.

### Users Review

#### From reader reviews:

##### **Robin Millard:**

This Teach Your Children Well (Enhanced Edition): Why Values and Coping Skills Matter More Than Grades, Trophies, or "Fat Envelopes" book is just not ordinary book, you have it then the world is in your hands. The benefit you obtain by reading this book will be information inside this book incredible fresh, you will get info which is getting deeper a person read a lot of information you will get. This kind of Teach Your Children Well (Enhanced Edition): Why Values and Coping Skills Matter More Than Grades, Trophies, or "Fat Envelopes" without we know teach the one who looking at it become critical in thinking and analyzing. Don't become worry Teach Your Children Well (Enhanced Edition): Why Values and Coping Skills Matter More Than Grades, Trophies, or "Fat Envelopes" can bring any time you are and not make your handbag space or bookshelves' grow to be full because you can have it in the lovely laptop even cellphone. This Teach Your Children Well (Enhanced Edition): Why Values and Coping Skills Matter More Than Grades, Trophies, or "Fat Envelopes" having very good arrangement in word along with layout, so you will not feel uninterested in reading.

##### **Loretta Claybrooks:**

The experience that you get from Teach Your Children Well (Enhanced Edition): Why Values and Coping Skills Matter More Than Grades, Trophies, or "Fat Envelopes" is the more deep you searching the

information that hide within the words the more you get interested in reading it. It does not mean that this book is hard to recognise but Teach Your Children Well (Enhanced Edition): Why Values and Coping Skills Matter More Than Grades, Trophies, or "Fat Envelopes" giving you buzz feeling of reading. The writer conveys their point in particular way that can be understood simply by anyone who read this because the author of this reserve is well-known enough. That book also makes your personal vocabulary increase well. Therefore it is easy to understand then can go together with you, both in printed or e-book style are available. We highly recommend you for having this specific Teach Your Children Well (Enhanced Edition): Why Values and Coping Skills Matter More Than Grades, Trophies, or "Fat Envelopes" instantly.

### **Wesley Powell:**

A lot of people always spent their own free time to vacation as well as go to the outside with them friends and family or their friend. Do you realize? Many a lot of people spent they free time just watching TV, as well as playing video games all day long. If you need to try to find a new activity here is look different you can read a book. It is really fun for yourself. If you enjoy the book that you read you can spent all day every day to reading a guide. The book Teach Your Children Well (Enhanced Edition): Why Values and Coping Skills Matter More Than Grades, Trophies, or "Fat Envelopes" it is extremely good to read. There are a lot of individuals who recommended this book. These people were enjoying reading this book. If you did not have enough space to bring this book you can buy often the e-book. You can m0ore effortlessly to read this book from the smart phone. The price is not too costly but this book possesses high quality.

### **Melanie Young:**

Playing with family in the park, coming to see the coastal world or hanging out with friends is thing that usually you have done when you have spare time, and then why you don't try factor that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Teach Your Children Well (Enhanced Edition): Why Values and Coping Skills Matter More Than Grades, Trophies, or "Fat Envelopes", you could enjoy both. It is very good combination right, you still would like to miss it? What kind of hang type is it? Oh seriously its mind hangout people. What? Still don't buy it, oh come on its identified as reading friends.

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