



Having It All?: Choices for Today's Superwoman (Family Matters)

By Paula Nicolson

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We are so lucky; we can have everything: dazzling careers, financial success, happy and fulfilling emotional lives, well-adjusted children, a strong and supportive intimate relationship, friends, a social life, be feminine and look lovely too. Can't we?

No. Most women find themselves lacking somewhere and how much we struggle towards achieving all this depends on how much we've absorbed this 21st century myth.

Dr Paula Nicolson is an expert on gender relations and reproductive health. She shows us how psychological theories explain women's desires and their experiences at home and work and offers solutions to help us when the balance feels like it's tipping one way or another. Easy to read and reassuring, keep it handy for when you have to make decisions about home-life versus career, who you are now and who you want to be in the future.

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Editorial Review

Review

"...If you feel that you are about to make choices or are unhappy with your day-to-day life, then read Paula Nicolson's book..." (familyonwards.com, 24 October 2002)

"...offers particularly reassuring advice...", January 2003)

"...Easy to read and reassuring, keep it handy for when you have to make decisions about home-life versus career..." (Rollercoaster.ie – Competition, 17 January 2003)

From the Back Cover

Can women really have it all?

Women today feel under pressure - from films, TV, magazines - to be great at everything they touch.

Taking a fresh look at this idea of the modern Superwoman - fascinating career, model family, hectic social life - Paula Nicolson unravels the unattainable myth from workaday reality and so helps women take back control of their lives. Using self-tests to aid decision-making and identify areas of stress and anxiety, *Having It All?* prompts women to ask themselves the right questions about their lives and examine the choices they face in order to learn what is really important.

Having It All? takes you off the treadmill and helps you find your ways to win!

Users Review

From reader reviews:

Curt Roepke:

What do you ponder on book? It is just for students since they are still students or the idea for all people in the world, what best subject for that? Simply you can be answered for that problem above. Every person has various personality and hobby for each other. Don't to be forced someone or something that they don't would like do that. You must know how great and also important the book *Having It All?: Choices for Today's Superwoman (Family Matters)*. All type of book can you see on many methods. You can look for the internet resources or other social media.

Toby Terry:

Information is provisions for those to get better life, information presently can get by anyone at everywhere. The information can be a understanding or any news even a problem. What people must be consider when those information which is within the former life are hard to be find than now could be taking seriously which one is appropriate to believe or which one the particular resource are convinced. If you obtain the unstable resource then you get it as your main information there will be huge disadvantage for you. All those

possibilities will not happen inside you if you take Having It All?: Choices for Today's Superwoman (Family Matters) as your daily resource information.

Robert Alcock:

Having It All?: Choices for Today's Superwoman (Family Matters) can be one of your beginner books that are good idea. We all recommend that straight away because this reserve has good vocabulary that will increase your knowledge in terminology, easy to understand, bit entertaining but still delivering the information. The copy writer giving his/her effort to put every word into pleasure arrangement in writing Having It All?: Choices for Today's Superwoman (Family Matters) nevertheless doesn't forget the main position, giving the reader the hottest in addition to based confirm resource data that maybe you can be one among it. This great information can certainly drawn you into brand new stage of crucial considering.

Brooke Lambeth:

The book untitled Having It All?: Choices for Today's Superwoman (Family Matters) contain a lot of information on that. The writer explains the woman idea with easy means. The language is very simple to implement all the people, so do definitely not worry, you can easy to read this. The book was published by famous author. The author provides you in the new time of literary works. You can actually read this book because you can keep reading your smart phone, or product, so you can read the book with anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site and also order it. Have a nice study.

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