



## Doubles Tennis Tactics

*By Louis Cayer, International Tennis Federation*

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### **Doubles Tennis Tactics** By Louis Cayer, International Tennis Federation

Be part of a winning team on the court! *Doubles Tennis Tactics* teaches you what positions and movements to use and what shots to make using proven patterns of play. These patterns will increase consistency, put more pressure on opponents, and result in greater success in competitions.

Developed in conjunction with the International Tennis Federation (ITF) and world-renowned coach Louis Cayer, *Doubles Tennis Tactics* presents 103 playing patterns and drills that are most effective in specific match situations. Court positioning and movement patterns are covered for all four players—server, server's partner, receiver, and receiver's partner—as well as court coverage and special formations for the serving and receiving teams. Practice drills reinforce the patterns so that smart tactical decisions become automatic on every point.

Study different styles of play and learn how to choose the patterns that will accentuate your own strengths as well as those of your partner. Use *Doubles Tennis Tactics* to play smarter and better with a partner, and become a winning two-player team!

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*"Doubles Tennis Tactics teaches the correct court positioning, movement patterns, and shot selection in each situation a doubles team will encounter in a match. These tactics are exactly what a player must master to play winning doubles and mixed doubles tennis."*

Paola Suarez and Virginia Ruano Pascual  
World #1 ranked women's doubles team

*"Louis Cayer continues to provide leadership through bio-mechanics and tactics in doubles tennis at all levels of the sport. His innovative ideas and strategies are widely respected and have helped me progress to one of the worlds top players."*

Daniel Nestor  
Number one men's doubles player, 2002  
Men's doubles Olympic gold medalist, 2000

*"Coach Cayer helped me achieve the number one ranking in the world, and now he shares his teachings in Doubles Tennis Tactics. The patterns presented in the book worked for me and they will work for any doubles team!"*

Grant Connell  
Canadian Davis Cup Captain  
Former Number one doubles player, 1993

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