



[(The Bully in Your Relationship: Stop Emotional Abuse and Get the Love You Deserve)] [Author: Anne-Renee Testa] published on (August, 2007)

By Anne-Renee Testa

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Are you being bullied in your relationship? Maybe it's your husband, wife, partner, boyfriend, or girlfriend. Maybe you feel you're being belittled or berated, manipulated, or controlled. Maybe you try to shrug it off, telling yourself it's not so bad. The truth is: You are a victim of emotional abuse--but you don't have to take it anymore. You have the power to make it stop. In this inspiring and life-changing book, acclaimed psychologist and relationship expert Anne-Renee Testa, Ph.D., shows you how to find your inner strength, learn to stand up for yourself, and finally get the love and respect you deserve. "So many people have their lives torn apart over emotional abuse. Dr. Testa's book is a must-read for anyone who finds themselves in a destructive relationship." --Nancy GraceHost of CNN's Headline News "Nancy Grace" and of Court TV's "Nancy Grace's Closing Arguments" "She tells it like it is and gives an honest and direct approach to get yourself out of an unhealthy relationship." --Maury Povich

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