



## Some Parts are NOT for Sharing

By Julie K. Federico

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Travel with a pair of friendly fish as they learn about what parts of our bodies we share with others. Children will learn what the boundaries of appropriate touching are in a very non-threatening way. Former School Counselor Julie Federico begins the imperative conversation of personal boundaries in *Some Parts are not for Sharing*. Children will enjoy learning about their bodies as they get some important information from a pair of fish. Parents will marvel at the simple straightforward language and use of sea creatures that create this message all children must hear. *This book is also available in Spanish.*

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# Some Parts are NOT for Sharing

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## **Some Parts are NOT for Sharing By Julie K. Federico Bibliography**

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## **Editorial Review**

### **Review**

Having worked with perpetrators of sexual abuse as a Licensed Professional Counselor, I know that even very young children can be and are, victims of sexual abuse. The prevention of sexual abuse begins with early, age-appropriate, and frequent discussions about our bodies and healthy boundaries.

If you want to do all you can to protect your children from abuse, this book is a great place to start. "Some Parts" offers a friendly, nonchalant way to discuss this most important topic with even very young children.

Allison Rimland, LPC

My two year old loves this book and we love it too!

We were aware that we needed an age appropriate book to begin talking about our bodies having private areas and saying no if necessary without scaring him and since he is so little he just loves the fish and crab illustrated and practically has the whole book memorized at this point.

#child abuse  
child abuse  
#child services  
child services  
#child protective services  
child protective services  
#child advocacy  
child advocacy  
#what is child advocacy  
what is child advocacy  
reporting child abuse  
#reporting child abuse  
#child abuse  
child abuse  
children abuse  
#children abuse  
child neglect  
#child neglect  
childhood abuse  
#childhood abuse  
#physical abuse  
physical abuse  
children abuse  
#children abuse

This friendly book is a perfect way to introduce the idea of "private parts" and inappropriate touch. I started

reading it to my son before his second birthday. It's on the bookshelf with his other books, and we read it once a week or so. He likes the illustrations and especially likes to point out the baby fish and either the mommy fish or daddy fish. The book has helped me talk about this subject in a casual, comfortable way--not like I'm having some important conversation with my 2-year-old but just reinforcing the ideas with a sentence or two during bath time.

Carolyn Purcell

Mothers & More

"The author is right about how everyone has a body, because even dogs or fish have bodies. I think what they are telling us is that any part a swimsuit covers - that is what you should not show someone. I think it is a good book to read because it tells you how people are not supposed to show and touch special parts of your body. And it is right; some parts are not for sharing. The reason I didn't rate it a 5 was because it didn't say anything about doctors seeing your privates or parents seeing your privates. Sometimes they need to check to see if something is wrong." Emma, Age 7

From the Author

I wrote this book after hearing children recount child abuse stories that happened to them when they were young. I was a middle school counselor for years my students were 11-14 years old. The abuse they were recounting happened usually from 2-8 years old. I wrote Some Parts are NOT for Sharing on the level of an infant to an 8-year-old. This book will frighten no one. People write awful reviews and say, "This book does not say anything!" This is the point; this book is the tip of the iceberg it is not the entire iceberg. If it were it would not be for small children. The point of this book is to educate your children about child abuse before some other "loving family member" does. Most children are not harmed by strangers. In all of my years of counseling not one child reported that they were harmed by a stranger. Mom's boyfriend was the biggest perpetrator followed closely by stepfather. Knowledge is power please, please, protect your children. To read the book before you buy it visit [juliefederico.com](http://juliefederico.com)

Your body is a no trespassing zone. Your body is sacred, your body is your own. Many parts of our bodies we share with others. It feels good to share these parts of our bodies. Hugs are wonderful, holding hands can make your day more special. We share all of the parts of our bodies except the private areas. The private areas are any area a swimsuit covers. This book will teach you what to do if someone touches you in the no trespassing zone or the private areas. (page break)

Some adults, teenagers, and children do not use good judgement and unfortunately touch other children in these places. They may continue to touch you in the no trespassing zone even after you have told them to stop. It does not feel right when someone touches you in these areas. Trust this feeling, it is not right. It is not okay. It is not your fault that they are deciding to use bad judgement. It is not your fault that they are deciding to use bad judgement.

The person touching you may make you feel like it is your fault and they will definitely tell you, "Not to tell anyone, this is our secret." This is a lie, this is a huge lie. No trespassing zone touching should always be reported. If you do not report it, it will not stop. Reporting is not calling the local news. Reporting it is telling a trusted adult. A trusted adult can be; a parent, grandparent, neighbor, teacher, school bus driver, doctor, friend, step-sister or anyone that you trust. The most important thing to remember when telling the story is to repeat the story to someone else if the person you tell does not get help. If they get help they will be calling law enforcement or human services.

If the person you tell, tells you not to tell anyone, tries to discount your story by saying something like, "He

would never do that, our family has known him since I was in high school." Or they do not get help for you, tell someone else, tell someone else. Keep telling the story until you find someone who will listen to you.

This story is the most important story you will ever tell. If you do not tell your life will continue to spin around in a crazy way that will leave you feeling hopelessly lost and bad. Feeling bad about yourself and feeling bad for what happened.

This is NOT your fault. It never becomes your fault, but it defiantly becomes your business when you choose to tell no one. It can change your life in many dark ways if you choose not to tell anyone. In the back of this book are phone numbers you can call if you can not find a trusted adult to tell the story to.

Telling the story is the most important thing you can do to get help. Telling the story can save your life and save you from many, many dark days.

I do not know why this happened to you or why the person making poor judgement choose to violate you. This is NOT your fault, it is their fault. Since it is their fault they may try to talk you out of telling anyone. They may buy you gifts to keep you from telling. They may threaten to harm you or your family if you tell. This is wrong. This is NOT your fault. Please get to higher ground and seek safety.

Tell today and get away. You deserve a better life. A better life is just a phone call or conversation away. Your body is your own, parts of your body are private and not for sharing. If someone harms you once this is unexpected. But if they did it once, expect them to do it again at some point. If you remain silent and keep secrets that are never meant to be kept this is not good for you. The person will know that they can control you and will keep violating you if you do not tell. Tell today and get away. This situation is NOT your fault. You deserve a better life, a safer life. A better life awaits.....find someone that will get your help.

Julie Federico  
juliefederico.com

Phone Numbers to report Child Abuse: Call 911  
**Childhelp: Prevention and Treatment of Child Abuse** [childhelp.org](http://childhelp.org)

*National Child Abuse Hotline: 1-800-4-A-CHILD (1-800-422-4453) Staffed 24 hours a day.*

*State toll-free numbers for specific agencies designated to receive and investigate reports of suspected child.*  
[childwelfare.gov/pubs/reslist/rl\\_dsp.cfm?rs\\_id=5&rate\\_chno=W-00082](http://childwelfare.gov/pubs/reslist/rl_dsp.cfm?rs_id=5&rate_chno=W-00082)  
*Child Abuse Reporting Numbers by State*

*Alabama*  
*Local (toll): (334) 242-9500*  
*Website: [dhr.state.al.us/page.asp?pageid=304](http://dhr.state.al.us/page.asp?pageid=304)*

*Alaska*  
*Toll-Free: (800) 478-4444*  
*Website: [hss.state.ak.us/ocs/default.htm](http://hss.state.ak.us/ocs/default.htm)*

*Arizona*

*Toll-Free: (888) SOS-CHILD (888-767-2445) website: [de.state.az.us/dcyf/cmdps/cps/default.asp](http://de.state.az.us/dcyf/cmdps/cps/default.asp)*

*Arkansas*

*Toll-Free: (800) 482-5964*

*Website: [state.ar.us/dhs/chilnfam/child\\_protective\\_services.htm](http://state.ar.us/dhs/chilnfam/child_protective_services.htm)*

*California*

*Website: [dss.cahwnet.gov/cdssweb/ChildProte\\_186.htm](http://dss.cahwnet.gov/cdssweb/ChildProte_186.htm)*

*Click on the website above for information on reporting or call Childhelp® (800-422-4453) for assistance.*

*Colorado*

*Local (toll): (303) 866-5932*

*Website: [cdhs.state.co.us/cyf/Child\\_Welfare/cw\\_home.htm](http://cdhs.state.co.us/cyf/Child_Welfare/cw_home.htm)*

*Connecticut*

*TDD: (800) 624-5518*

*Toll-Free: (800) 842-2288*

*Website: [state.ct.us/dcf/HOTLINE.htm](http://state.ct.us/dcf/HOTLINE.htm)*

*Delaware*

*Toll-Free: (800) 292-9582*

*Website: [state.de.us/kids/](http://state.de.us/kids/)*

*District of Columbia*

*Local (toll): (202) 671-SAFE (202-671-7233)*

*Website: [cfsa.dc.gov/cfsa/cwp/view.asp?a=3&q=520663&cfsaNav=/31319/](http://cfsa.dc.gov/cfsa/cwp/view.asp?a=3&q=520663&cfsaNav=/31319/)*

*Florida*

*Toll-Free: (800) 96-ABUSE (800-962-2873)*

*Website: [dcf.state.fl.us/abuse/](http://dcf.state.fl.us/abuse/)*

*Georgia*

*Website: [dfcs.dhr.georgia.gov/portal/site](http://dfcs.dhr.georgia.gov/portal/site)*

*Click on the website above for information on reporting or call Childhelp® (800-422-4453) for assistance.*

*Hawaii*

*Local (toll): (808) 832-5300*

*Website: [hawaii.gov/dhs/protection/social\\_services/child\\_welfare/](http://hawaii.gov/dhs/protection/social_services/child_welfare/)*

*Idaho*

*Toll-Free: (800) 926-2588*

*Website: [healthandwelfare.idaho.gov/site/3333/default.aspx](http://healthandwelfare.idaho.gov/site/3333/default.aspx)*

*Illinois*

*Toll-Free: (800) 252-2873*

*Local (toll): (217) 524-2606*

*Website: [state.il.us/dcfs/child/index.shtml](http://state.il.us/dcfs/child/index.shtml)*

*Indiana*

*Toll-Free: (800) 800-5556*

*Website: [in.gov/dcs/protection/dfcchi.html](http://in.gov/dcs/protection/dfcchi.html)*

*Iowa*

*Toll-Free: (800) 362-2178*

*Website: [dhs.state.ia.us/dhs2005/dhs\\_homepage/children\\_family/abuse\\_reporting/child\\_abuse.html](http://dhs.state.ia.us/dhs2005/dhs_homepage/children_family/abuse_reporting/child_abuse.html)*

*Kansas*

*Toll-Free: (800) 922-5330*

*Website: [srskansas.org/services/child\\_protective\\_services.htm](http://srskansas.org/services/child_protective_services.htm)*

*Kentucky*

*Toll-Free: (800) 752-6200*

*Website: [chfs.ky.gov/dcbs/dpp/Child\\_Safety.htm](http://chfs.ky.gov/dcbs/dpp/Child_Safety.htm)*

*Louisiana*

*Website: [dss.state.la.us/departments/ocs/FAQ\\_-\\_Child\\_Protection\\_Investi.html](https://dss.state.la.us/departments/ocs/FAQ_-_Child_Protection_Investi.html)*

*Click on the website above for information on reporting or call Childhelp® (800-422-4453) for assistance.*

From the Inside Flap

To read Some Parts are NOT for Sharing visit:

[juliefederico.com/books/some-parts-are-not-for-sharing/](http://juliefederico.com/books/some-parts-are-not-for-sharing/)

## **Users Review**

### **From reader reviews:**

#### **Teresa Bradshaw:**

This Some Parts are NOT for Sharing book is simply not ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book will be information inside this reserve incredible fresh, you will get information which is getting deeper a person read a lot of information you will get. That Some Parts are NOT for Sharing without we know teach the one who studying it become critical in imagining and analyzing. Don't end up being worry Some Parts are NOT for Sharing can bring if you are and not make your bag space or bookshelves' turn out to be full because you can have it in the lovely laptop even telephone. This Some Parts are NOT for Sharing having fine arrangement in word and also layout, so you will not really feel uninterested in reading.

#### **Bonnie Camacho:**

Now a day people that Living in the era everywhere everything reachable by interact with the internet and the resources in it can be true or not call for people to be aware of each facts they get. How people have to be smart in having any information nowadays? Of course the reply is reading a book. Reading through a book can help men and women out of this uncertainty Information specially this Some Parts are NOT for Sharing book because this book offers you rich data and knowledge. Of course the information in this book hundred percent guarantees there is no doubt in it as you know.

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**Cynthia Olson:**

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