



Hello, My Name Is Mommy: The Dysfunctional Girl's Guide to Having, Loving (and Hopefully Not Screwing Up) a Baby

By Sheri Lynch

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Hilarious and true and inspirational, *Hello, My Name is Mommy* is for every pregnant woman and new mother who ever felt helpless and out of control instead of confident and aglow.

Sure, women know pregnancy is no bed of roses, but Lynch taps into her own dysfunctional childhood and fears about becoming a mom to label a much profounder worry many moms-to-be have: that their own pasts were so screwed up that they're doomed to repeat the cycle. Dr. Spock may tell moms to trust their instincts, but Lynch's Misfit Mommies want to do every last thing but that. They feel like frauds and imposters, and Lynch's real-girl's voice will be instantly recognizable to them. Lynch will walk and talk new moms through it all: from lamenting the hot dogs and second-hand smoke they were raised on (and, of course, "you turned out just fine") to the realization that kids are kind of germmy and gross (but feeling that way doesn't make one a bad mother) to keeping it together at work with Cheerios in the old nursing bra.

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Editorial Review

From the Back Cover

Trust Dr. Spock, but listen to Sheri Lynch, who decodes the pitfalls of pregnancy and trials of new motherhood in this hilarious little book.

Hello, My Name is Mommy is for every pregnant woman and new mother who ever felt helpless and out of control instead of confident and aglow. Lynch taps into everyone's fears of becoming a mom to honestly talk real-girl to real-girl about what's bothering many moms-to-be:

--If a mommy was raised on raw hot dogs and second-hand smoke is she doomed to repeat the cycle?
--Kids are kind of germmy and smelly and gross, but does thinking that mean you're a bad mommy?
--Can a working mommy actually go to a meeting and function with Cheerios stuck to her body under her nursing bra?

Full of useful advice and understanding, *Hello, My Name is Mommy* is for every mother who isn't quite sure if her instincts can be trusted and who may have wondered-even for one second-if she's already screwed up her newborn's life.

About the Author

Sheri Lynch lives with her husband, stepson and two children in Charlotte.

Users Review

From reader reviews:

Sandra Murray:

Book is written, printed, or descriptive for everything. You can know everything you want by a e-book. Book has a different type. As you may know that book is important issue to bring us around the world. Alongside that you can your reading ability was fluently. A guide *Hello, My Name Is Mommy: The Dysfunctional Girl's Guide to Having, Loving (and Hopefully Not Screwing Up) a Baby* will make you to end up being smarter. You can feel more confidence if you can know about every thing. But some of you think this open or reading a new book make you bored. It isn't make you fun. Why they can be thought like that? Have you in search of best book or acceptable book with you?

Guy Gregory:

Do you one among people who can't read satisfying if the sentence chained in the straightway, hold on guys that aren't like that. This *Hello, My Name Is Mommy: The Dysfunctional Girl's Guide to Having, Loving (and Hopefully Not Screwing Up) a Baby* book is readable by simply you who hate the straight word style. You will find the information here are arrange for enjoyable looking at experience without leaving also

decrease the knowledge that want to offer to you. The writer involving Hello, My Name Is Mommy: The Dysfunctional Girl's Guide to Having, Loving (and Hopefully Not Screwing Up) a Baby content conveys objective easily to understand by most people. The printed and e-book are not different in the articles but it just different available as it. So , do you nevertheless thinking Hello, My Name Is Mommy: The Dysfunctional Girl's Guide to Having, Loving (and Hopefully Not Screwing Up) a Baby is not loveable to be your top checklist reading book?

Donald Perkins:

Nowadays reading books become more and more than want or need but also turn into a life style. This reading practice give you lot of advantages. The benefits you got of course the knowledge the rest of the information inside the book which improve your knowledge and information. The knowledge you get based on what kind of reserve you read, if you want send more knowledge just go with education books but if you want truly feel happy read one with theme for entertaining for instance comic or novel. The Hello, My Name Is Mommy: The Dysfunctional Girl's Guide to Having, Loving (and Hopefully Not Screwing Up) a Baby is kind of reserve which is giving the reader erratic experience.

David Dabbs:

Reading can called thoughts hangout, why? Because while you are reading a book specifically book entitled Hello, My Name Is Mommy: The Dysfunctional Girl's Guide to Having, Loving (and Hopefully Not Screwing Up) a Baby the mind will drift away trough every dimension, wandering in every aspect that maybe mysterious for but surely can be your mind friends. Imaging just about every word written in a guide then become one application form conclusion and explanation in which maybe you never get ahead of. The Hello, My Name Is Mommy: The Dysfunctional Girl's Guide to Having, Loving (and Hopefully Not Screwing Up) a Baby giving you a different experience more than blown away your head but also giving you useful information for your better life with this era. So now let us show you the relaxing pattern this is your body and mind is going to be pleased when you are finished reading it, like winning a casino game. Do you want to try this extraordinary wasting spare time activity?

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