



# Clinical Neurotherapy: Application of Techniques for Treatment

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Neurotherapy, sometimes called EEG biofeedback and/or neurobiofeedback involves techniques designed to manipulate brain waves through non-invasive means and are used as treatment for a variety of psychological and medical disorders. The disorders covered include ADHD, mood regulation, addiction, pain, sleep disorders, and traumatic brain injury. This book introduces specific techniques, related equipment and necessary training for the clinical practitioner. Sections focus on treatment for specific disorders and which individual techniques can be used to treat the same disorder and examples of application and the evidence base for use are described.

- An introduction for clinical practitioners and psychologists investigating neurotherapy techniques and application
- Includes coverage of common disorders such as ADHD, mood regulation, addiction, pain, sleep disorders, and traumatic brain injury
- Includes evidence base for use
- Includes training methods for new users

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### Review

"...an updated review of neurotherapy techniques, such as qEEG..., which scientifically and objectively evaluates a person's brainwave function, allowing individualized neurofeedback treatment...they envision the book as a desk reference for clinicians and researchers for what works and what doesn't when applying methodologies such as cognitive rehabilitation, vision training, and nutritional or integrative medicine." --

**ProtoView.com, February 2014**

### From the Back Cover

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### About the Author

Dr. James Evans is licensed in clinical and school psychology. Following graduation with a bachelor's degree in education, and a tour of duty in the U.S. Army, he taught in a public high school. Later he earned a master's degree in psychology. After working for three years at a state hospital and a county mental health center, he attended Peabody College of Vanderbilt University where he received a Ph.D. degree in psychology. He was on the faculty of the Psychology Department at the University of South Carolina for thirty years, and is retired from that position. He has completed postdoctoral work in neuropsychology at the University of California at San Francisco, the University of Georgia and the Medical College of Georgia. For over thirty years he also has maintained a successful private practice involving working with children and adults in hospital, school, prison, and private office settings. He has expertise in psychological, neuropsychological and psychoeducational assessment, as well as years of experience in psychotherapy and neurotherapy.. He is the author of thirty-five journal articles and five book chapters, and editor or co-editor of eight psychology-related books, including *Rhythm in Psychological, Linguistic and Musical Processes*, published in 1986. Presently he is self-employed as a psychologist at the Sterlingworth Center in Greenville, SC.

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