



# Counseling and Psychotherapy: Theories and Interventions

By David Capuzzi, Douglas R. Gross

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## **Editorial Review**

### **From the Publisher**

Thorough and authoritative, this broad-based new text offers students a comprehensive introduction to currently-used theories of counseling and psychotherapy, along with the background necessary for evaluation and construction of a personal counseling identity. Individual chapters, written by experts in each theory, explore twelve theories of counseling -- their history, how they relate to human nature, their major constructs, the change process they engender, intervention strategies they provide, and supporting research -- and apply each theory to The Case of John, an ongoing case study which helps illustrate commonalities and differences between theories.

## **Users Review**

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#### **Barbara Jones:**

The actual book Counseling and Psychotherapy: Theories and Interventions will bring one to the new experience of reading a book. The author style to explain the idea is very unique. When you try to find new book to study, this book very suitable to you. The book Counseling and Psychotherapy: Theories and Interventions is much recommended to you to study. You can also get the e-book in the official web site, so you can easier to read the book.

#### **Frances Williamson:**

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