



Sweet Cream and Sugar Cones: 90 Recipes for Making Your Own Ice Cream and Frozen Treats from Bi-Rite Creamery

By Kris Hoogerhyde, Anne Walker, Dabney Gough

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An irresistible guide to making 90 intensely flavorful handmade ice creams from the country's top artisanal ice cream shop, including the smash hits Salted Caramel and Balsamic Strawberry, plus other favorites.

San Francisco's Bi-Rite Creamery is as well known for its small-batch, handcrafted, show-stoppingly inventive ice cream as it is for the long line that snakes around the block. Guests young and old flock to the destination ice cream shop, craving a toasty banana split, a jewel-toned ice pop, a scoop of cooling sorbet, a mouthwatering ice cream sandwich, or one of the best ice cream cakes around.

Lucky for ice cream lovers, Bi-Rite Creamery's secret is in plain sight: their irresistible goods are all made using top quality, farm-fresh, seasonal ingredients—locally sourced, whenever possible—and now you can bring their legendary creations into your home. This essential guide to making your own delicious ice cream and treats covers all the classic flavors and delectable variations, plus creative combinations like **Orange-Cardamom, Chai-Spiced Milk Chocolate, Balsamic Strawberry, Malted Vanilla with Peanut Brittle and Milk Chocolate, and Honey Lavender**.

Driven by the Creamery's most popular flavors, each chapter in *Sweet Cream and Sugar Cones* serves as a meditation on a particular ingredient. Featuring recipes for Bi-Rite's famed cakes, frostings, pie crusts, and cookies, you can easily mix and match to create an infinite array of delicious custom frozen treats. Filled with step-by-step techniques and insider's secrets, this lavishly illustrated cookbook will turn your kitchen into a personal Bi-Rite Creamery (*without the long line*).

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Editorial Review

Review

“The proprietors of the popular San Francisco shop share their favorite ice cream flavors and plenty of things to do to (and with) them.”

—New York Times Book Review

“Between the covers are all of the shop’s secrets. In the generous spirit pervading the Bi-Rite enterprise, the Creamery’s owners have given away the family jewels.”

—Tasting Table San Francisco, 4/17/2012

“It’s more that this book is refreshingly free of candied bacon ice creams and their palate shock value-fueled brethren that we’ve seen so much of in the pastry world recently (and for that, Bi-Rite, we can’t thank you enough). Instead, *Sweet Cream and Sugar Cones* is more about those scoops of buttermilk ice cream (p. 37) piled high on top of fruit pies one weekend, appreciated for its unadorned simplicity another. It is about the day, or so we can daydream on weekdays, when you crumble that cinnamon-laced American baking staple that you’ve made dozens of times -- snickerdoodles (p. 195) -- into a cinnamon-speckled ice cream base to create Bi-Rite’s frozen riff on *ricanelas*, a cinnamon-y Mexican cookie. And it becomes something new, something different, something fantastic. No candied pork products or sugary, sensationalized corporate cereal additions required. Just two similar, and quite simple, homemade cookies with very different backgrounds. United by ice cream.”

—Jenn Garbee, Los Angeles Weekly, 4/3/2012

“A beautiful guide to the world of American ice cream.”

—Serious Eats, 4/12

“A great primer for beginners.”

—Publisher’s Weekly, 3/19/2012

“Kris and Anne make amazing ice cream. Now if you can’t make it to 18th Street in San Francisco you can recreate their delights at home, whether it’s decadent Peanut Butter Fudge Swirl, lively Ginger, or their signature Salted Caramel. One thing I know from experience, after you make them all (and you aren’t going to miss out on one) you will have more than one favorite.”

—Emily Luchetti, executive pastry chef at Farallon and Waterbar, author of *The Fearless Baker* and *A Passion for Desserts*

“Yes, that’s me waiting patiently in line at Bi-Rite for a scoop of their delectable ice cream whenever I’m in San Francisco. But no matter where you are, you can now recreate your favorite flavors and treats at home, including their scoopendous Salted Caramel, and lots more!”

—David Lebovitz, author of *The Perfect Scoop* and *Ready for Dessert*

“Those of us who recall the supremacy of Herrell’s, Steve’s, and Bud’s [ice cream] worry that the Golden Age of Ice Cream is over. Bi-Rite, even better than those three, has brought it back.”

—Alan Richman, GQ

“I love to make ice cream, but Bi-Rite has the magic touch. Kris, Anne, and Dabney are generous in revealing all the insider tips to make homemade ice cream taste as if made by the pros that they are. Thank you for sharing your recipes and expertise.”

—Joyce Goldstein, author of *Mediterranean Fresh* and *Enoteca*

“Ice cream happens to be my favorite dessert and I have long awaited this book. Bi-Rite ice creams are legendary, and here the masters generously share their exceptional skill in capturing great flavor and creating texture that makes exceptional ice cream. I will keep this cookbook within easy reach.”

—Jim Dodge, author of *The American Baker* and *Baking with Jim Dodge*

About the Author

KRIS HOOGERHYDE and **ANNE WALKER** opened the acclaimed Bi-Rite Creamery in 2006. A veteran of the food business, Kris found her calling as a baker working with Anne at San Francisco’s 42 Degrees Restaurant. Anne’s career has spanned more than two decades as a pastry chef at some of San Francisco’s finest restaurants, including Cypress Club, Stanford Court Hotel, and Slow Club.

DABNEY GOUGH is a writer and recipe developer whose work has appeared in *Fine Cooking*, *HAWAII Magazine*, the *Honolulu Weekly*, and *Edible Hawaiian Islands*, among other publications. She is the coauthor of *Bi-Rite Market’s Eat Good Food*.

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Vanilla

One of the challenges of running a responsible business is finding ingredients that not only taste good but are also made in a way that is good for the earth and the people who produce the ingredients and work with them. Vanilla is particularly challenging in this respect. Like chocolate, it is a high-priced crop that changes hands many times before it reaches the consumer, making it difficult to get straight answers about how it was produced. During the course of writing this book, we began to source our vanilla from Madécasse, a Madagascar-based company committed not just to growing vanilla and chocolate that are of high quality but also to doing it in a sustainable manner. They pay farmers fair wages and centralize production in the same country where the ingredients are grown. We’re so happy to support a company that not only sells products that taste amazing but is also redefining an entire industry for the better.

Types of Vanilla

Vanilla beans are the fruit of a climbing orchid vine native to Mexico but are now grown in tropical regions around the world. Each flower produces a single vanilla bean, and for commercial production, each flower must be pollinated by hand. As a result, vanilla is one of the most expensive spices in the world.

Vanilla is available in several different forms, and the recipe or technique you’re using will dictate which form is most appropriate.

Vanilla beans are the most basic, unprocessed form of vanilla. Both the pod and the seeds inside are full of flavor, and the best way to coax it out is to split the bean lengthwise, scrape out the seeds and steep the seeds and bean in warm liquid. **Pure vanilla extract**, on the other hand, offers vanilla flavor in liquid form, which is useful for recipes where infusing vanilla beans into liquid is not an option.

These ingredients don’t necessarily need to be used separately. In recipes where we want the maximum vanilla flavor possible (such as our vanilla ice cream), we use both vanilla beans and extract. This gives us

the pronounced yet complex flavor profile that we want.

Aside from its physical form, you may have additional choices when buying vanilla. Just as *terroir* is considered an important factor that influences how a wine tastes, the place of origin is also considered a significant factor in the character of vanilla. (The specific variety of vanilla grown, the maturity of the beans at harvest, and the method of processing method also have some impact, but origin is the most influential variable on flavor.)

Tahitian vanilla is fruity and has an almost licorice-like flavor. Note, however, that some producers use the word “Tahitian” to describe a type of vanilla plant even if it is grown outside Tahiti, so be sure to look carefully at the label to determine the true country of origin.

Madagascar produces vanilla that is creamy and mellow in flavor.

Mexican vanilla is slightly spicy and an especially good complement to chocolate.

If you can find vanilla beans or extract from several different origins, buy a few different ones and experiment with them to find your favorite. You may find that some are especially well suited to ice cream or sauces, while others really shine in cookies or cakes.

Buying and Using Vanilla Beans

More than likely, it will be most practical for you to buy whatever vanilla beans are available at your local grocery store (or specialty baking store, if you have one nearby). If that’s the case, buy vanilla beans only as you need them; they have a tendency to dry out and become more difficult to use with age (unless you store them in neutral spirits, as described below).

If you see a lot of vanilla beans in your future, though, you may want to buy them in bulk through an online retailer. You’ll have more options as to the origin and varietal of the beans (each of which has a unique flavor), the beans will be fresher, and you’ll spend a lot less per bean. A few of these companies are listed in the Sources section (page 210).

If you do buy in bulk, store the beans submerged in a neutral spirit (such as vodka) in the refrigerator. This will not only extend their shelf life nearly indefinitely, but the beans will also infuse into the spirit, and you’ll be producing your very own homemade vanilla extract.

Plump beans are much easier to work with and will yield the maximum flavor. If a vanilla bean has become dry and brittle, you can soften it by soaking it in a shallow bowl of warm water for 15 or 20 minutes.

Most recipes will instruct you to scrape the seeds from the pod before adding them both to the infusing liquid. This helps distribute the seeds evenly through the liquid and extracts the flavor more thoroughly.

After infusing, the pods are usually strained out and the tiny specklike seeds are left remaining in the liquid. Whatever you do, don’t toss out those pods! They still have plenty of flavor left in them and can be reused in one of several different ways. Rinse them off and let them dry completely (you can speed the process by spreading them on a baking sheet and baking them at 250°F for 30 to 40 minutes). Then do one of the following:

Save the pods for later use in another recipe. To store them, put the pods in a jar with enough vodka or other neutral spirit to cover and store at room temperature or in the refrigerator.

Make vanilla sugar or salt. Combine the dried beans with sugar or salt in a food processor or blender and pulse until the beans are finely ground. Use anytime you'd like to add a subtle vanilla flavor to a recipe. The salt is wonderful sprinkled over freshly steamed fish, and the sugar is great in any dessert recipe!

Buying and Using Pure Vanilla Extract

The most important thing to know about vanilla extract is the difference between “vanilla flavoring” and pure vanilla extract. In a single vanilla bean there are more than two hundred different molecular compounds, all of which contribute to the incredibly complex flavor. Pure vanilla extract is made from actual vanilla beans, so the extract represents the full spectrum of vanilla flavor. On the other hand, “vanilla flavoring” consists of a sole flavor molecule, vanillin, which is derived from wood pulp. It tastes vanilla-ish, but it doesn't begin to represent the heady complexity of an actual vanilla bean. You will pay slightly more for pure vanilla extract, but it will make a significant difference in the final product. Be sure to watch out for blends that use a combination of real vanilla extract and vanillin—they are no substitute for the 100 percent real thing.

Most vanilla extract is alcohol-based, which gives it a nearly infinite shelf life. Just be sure to store it in a cool, dark place away from sunlight and heat.

Although it is easy to blend into batters and sauces, the flavor of vanilla extract has a tendency to dissipate and diminish, especially in the presence of heat. This is why we always add vanilla extract at the last possible stage of a recipe. For instance, when making our vanilla ice cream, we add the extract to the base just before it goes into the ice cream machine.

Vanilla Ice Cream

Makes about 1 quart

It always makes us happy when people get a scoop of our vanilla ice cream. Sure, it may not be quite as exciting as some of our other flavors, but to us vanilla is the true litmus test of a great ice cream maker. Vanilla gives you a pure sense of the quality of ingredients—not just of the vanilla itself, but also of the dairy products and eggs—as well as the skill of the ice cream maker.

We use two kinds of vanilla in this recipe, both vanilla bean and pure extract, for an intense vanilla flavor. This ice cream is the ideal canvas for any type of mix-ins you want to use, from chopped nuts, cookies, or candies to swirled-in sauces. Or keep it simple and enjoy the pure floral vanilla flavor!

At a Glance

Technique: Ice cream (page 12)

Special equipment: Ice cream machine

Infusing and Chilling time: 30 minutes, plus 2 hours or overnight

Shelf life: 1 week

13/4 cups heavy cream

3/4 cup 1% or 2% milk
1/2 cup sugar
1/4 teaspoon kosher salt
1 vanilla bean
5 large egg yolks
2 teaspoons pure vanilla extract

Infuse the milk/cream

1. In a heavy nonreactive saucepan, stir together the cream, milk, half of the sugar (1/4 cup), and the salt. Split the vanilla bean lengthwise and use the knife to carefully scrape the seeds from the bean. Add the seeds and the split bean to the pan.
2. Put the pan over medium-high heat. When the mixture just begins to bubble around the edges, remove from the heat, cover the pan, and let steep for about 30 minutes.

Make the base

3. In a medium heatproof bowl, whisk the yolks just to break them up, then whisk in the remaining sugar (1/4 cup) until smooth. Set aside.
4. Uncover the cream mixture and put the pan over medium-high heat. When the mixture approaches a bare simmer, reduce the heat to medium.
5. Carefully scoop out about 1/2 cup of the hot cream mixture and, whisking the eggs constantly, add the cream to the bowl with the egg yolks. Repeat, adding another 1/2 cup of the hot cream to the bowl with the egg yolks. Using a heatproof rubber spatula, stir the cream in the saucepan as you slowly pour the egg-and-cream mixture from the bowl into the pan.
6. Cook the mixture carefully over medium heat, stirring constantly, until it is thickened, coats the back of a spatula or wooden spoon, and holds a clear path when you run your finger across the spatula, 1 to 2 minutes longer.
7. Strain the base through a fine-mesh strainer into a clean container. Set the container into an ice-water bath, wash your spatula, and stir occasionally until the base is cool. Remove from the ice-water bath, cover with plastic wrap, and refrigerate the base for at least 2 hours or overnight.

Freeze the ice cream

8. Add the vanilla extract to the base and stir until blended.
9. Freeze in your ice cream machine according to the manufacturer's instructions. While the ice cream is churning, put the container you'll use to store the ice cream into the freezer. Enjoy right away or, for a firmer ice cream, transfer to the chilled container and freeze for at least 4 hours.

Users Review

From reader reviews:

Mary Alejandro:

The publication with title Sweet Cream and Sugar Cones: 90 Recipes for Making Your Own Ice Cream and Frozen Treats from Bi-Rite Creamery posseses a lot of information that you can learn it. You can get a lot of benefit after read this book. This particular book exist new understanding the information that exist in this e-book represented the condition of the world currently. That is important to yo7u to find out how the improvement of the world. That book will bring you throughout new era of the the positive effect. You can read the e-book on your own smart phone, so you can read the item anywhere you want.

Alejandro Colon:

This Sweet Cream and Sugar Cones: 90 Recipes for Making Your Own Ice Cream and Frozen Treats from Bi-Rite Creamery is great reserve for you because the content that is certainly full of information for you who always deal with world and also have to make decision every minute. This particular book reveal it facts accurately using great coordinate word or we can say no rambling sentences inside. So if you are read that hurriedly you can have whole data in it. Doesn't mean it only will give you straight forward sentences but tough core information with wonderful delivering sentences. Having Sweet Cream and Sugar Cones: 90 Recipes for Making Your Own Ice Cream and Frozen Treats from Bi-Rite Creamery in your hand like finding the world in your arm, info in it is not ridiculous 1. We can say that no e-book that offer you world throughout ten or fifteen minute right but this reserve already do that. So , it is good reading book. Hey Mr. and Mrs. stressful do you still doubt in which?

Julio Canfield:

In this time globalization it is important to someone to get information. The information will make a professional understand the condition of the world. The healthiness of the world makes the information quicker to share. You can find a lot of referrals to get information example: internet, newspaper, book, and soon. You will observe that now, a lot of publisher that will print many kinds of book. The actual book that recommended to you personally is Sweet Cream and Sugar Cones: 90 Recipes for Making Your Own Ice Cream and Frozen Treats from Bi-Rite Creamery this guide consist a lot of the information of the condition of this world now. This particular book was represented how can the world has grown up. The terminology styles that writer make usage of to explain it is easy to understand. The writer made some analysis when he makes this book. Here is why this book acceptable all of you.

Raymond Augustus:

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own personal ways to get more information about your reserve. It is most important to arrange yourself to make your knowledge are still revise. Let's try to choose appropriate ways for you.

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