



Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations)

By Imam Jamal Rahman

Download now

Read Online ➔

Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) By Imam Jamal Rahman

Refine your heart and mind with the wisdom of Islamic spirituality

"To live a meaningful life?one that brings us joy, contentment and fulfillment?we have to do the inner spiritual work of becoming a more complete human being."
?from the Introduction

Over the centuries, Islamic sages have gleaned timeless spiritual insights and practices from sacred texts, meditation and knowledge of the heart?gems that have been passed down from generation to generation. This book invites you?no matter what your practice may be?to access the treasure chest of Islamic spirituality, particularly Sufism, and use its wealth to strengthen your own journey.

The riches include guidance drawn from the Qur'an, sayings of the Prophet Muhammad and Sufi poets such as the thirteenth-century Rumi on cultivating awareness, intentionality and compassion for self and others. This book also features entertaining wisdom teaching stories, especially those of Mulla Nasruddin, Islam's great comic foil, to expand the mind and heart. It breaks down barriers to accessing this ancient tradition for modern seekers by dispelling myths about the Muslim faith concerning gender bias, inclusivity and appreciation for diversity.

Regardless of where you are on your spiritual journey, you will find these gems worthy additions to your own treasure chest within.

 [**Download** Spiritual Gems of Islam: Insights & Practices from ...pdf](#)

 [**Read Online** Spiritual Gems of Islam: Insights & Practices fr ...pdf](#)

Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations)

By Imam Jamal Rahman

Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) By Imam Jamal Rahman

Refine your heart and mind with the wisdom of Islamic spirituality

"To live a meaningful life?one that brings us joy, contentment and fulfillment?we have to do the inner spiritual work of becoming a more complete human being."
?from the Introduction

Over the centuries, Islamic sages have gleaned timeless spiritual insights and practices from sacred texts, meditation and knowledge of the heart?gems that have been passed down from generation to generation. This book invites you?no matter what your practice may be?to access the treasure chest of Islamic spirituality, particularly Sufism, and use its wealth to strengthen your own journey.

The riches include guidance drawn from the Qur'an, sayings of the Prophet Muhammad and Sufi poets such as the thirteenth-century Rumi on cultivating awareness, intentionality and compassion for self and others. This book also features entertaining wisdom teaching stories, especially those of Mulla Nasruddin, Islam's great comic foil, to expand the mind and heart. It breaks down barriers to accessing this ancient tradition for modern seekers by dispelling myths about the Muslim faith concerning gender bias, inclusivity and appreciation for diversity.

Regardless of where you are on your spiritual journey, you will find these gems worthy additions to your own treasure chest within.

Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) By Imam Jamal Rahman Bibliography

- Sales Rank: #472585 in Books
- Published on: 2013-03-01
- Released on: 2013-03-01
- Original language: English
- Number of items: 1
- Dimensions: 22.86" h x 1.63" w x 6.00" l, .79 pounds
- Binding: Paperback
- 256 pages

 [Download Spiritual Gems of Islam: Insights & Practices from ...pdf](#)

 [Read Online Spiritual Gems of Islam: Insights & Practices fr ...pdf](#)

Download and Read Free Online Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) By Imam Jamal Rahman

Editorial Review

Review

"Beautiful, helpful and timely.... All those interested in the spiritual life, God, interfaith dialogue, peace and our shared human journey through life will find this to be a treasure trove of wisdom and spiritual insight."

?**Rev. John Dear**, author, *Transfiguration: A Meditation on Transforming Ourselves and Our World*

"Whether you have read these classic Islamic teachings before or they are new to you, you will find wisdom, deepen your compassion and enrich your spiritual life."

?**Amir Hussain**, editor, *Journal of the American Academy of Religion*

"Invokes the power of the Qur'an to open the doors of the heart and invite us into a direct encounter with the source of Mercy and Compassion.... As a lifelong seeker of the world's wisdom in every tradition, this is the book I have been waiting for."

?**Mirabai Starr**, author, *God of Love: A Guide to the Heart of Judaism, Christianity & Islam*

"A gem all its own ... a wonderful guidebook to spiritual living.... Allows the Qur'an to speak beyond the boundaries of Islam."

?**Rami Shapiro**, author, *The Sacred Art of Lovingkindness: Preparing to Practice*

"Beautiful ... reaches deep into the heart and soul, reminding us of our divine nature. Allow its deep Qur'anic wisdom to guide you on your journey Home."

?**Llewellyn Vaughan-Lee, PhD**, Sufi teacher; author, *Prayer of the Heart in Christian and Sufi Mysticism*

"A modern-day jewel of some of the richest offerings of Islam.... Goes to the very depth of the rich oceans of Islamic spirituality to bring us pearls of wisdom and beauty."

?**Omid Safi**, professor of Islamic studies, University of North Carolina at Chapel Hill; author, *Memories of Muhammad*

From the Inside Flap

Refine your heart and mind with the wisdom of Islamic spirituality

"To live a meaningful life one that brings us joy, contentment and fulfillment we have to do the inner spiritual work of becoming a more complete human being."

from the Introduction

Over the centuries, Islamic sages have gleaned timeless spiritual insights and practices from sacred texts, meditation and knowledge of the heart gems that have been passed down from generation to generation. This book invites you no matter what your practice may be to access the treasure chest of Islamic spirituality, particularly Sufism, and use its wealth to strengthen your own journey.

The riches include guidance drawn from the Qur'an, sayings of the Prophet Muhammad and Sufi poets such as the thirteenth-century Rumi on cultivating awareness, intentionality and compassion for self and others.

This book also features entertaining wisdom teaching stories, especially those of Mulla Nasruddin, Islam's great comic foil, to expand the mind and heart. It breaks down barriers to accessing this ancient tradition for modern seekers by dispelling myths about the Muslim faith concerning gender bias, inclusivity and appreciation for diversity.

Regardless of where you are on your spiritual journey, you will find these gems worthy additions to your own treasure chest within.

About the Author

Imam Jamal Rahman is a beloved teacher and retreat leader whose passion for helping people deepen their spiritual lives and cultivate interfaith understanding has inspired audiences throughout the world. He has been featured in the *New York Times*, on *CBS News*, the BBC and many NPR programs. He is cofounder and Muslim Sufi minister at Interfaith Community Sanctuary, adjunct faculty at Seattle University and a former host of Interfaith Talk Radio. He is author of *Sacred Laughter of the Sufis: Awakening the Soul with the Mulla's Comic Teaching Stories & Other Islamic Wisdom* and *Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind* (both SkyLight Paths) and *The Fragrance of Faith: The Enlightened Heart of Islam*; and coauthor of *Getting to the Heart of Interfaith: The Eye-Opening, Hope-Filled Friendship of a Pastor, a Rabbi & an Imam* and *Religion Gone Astray: What We Found at the Heart of Interfaith* (both SkyLight Paths), among other books.

Users Review

From reader reviews:

Jeffrey Primo:

This book untitled *Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind* (SkyLight Illuminations) to be one of several books that will best seller in this year, this is because when you read this e-book you can get a lot of benefit on it. You will easily to buy this book in the book store or you can order it by way of online. The publisher with this book sells the e-book too. It makes you more readily to read this book, as you can read this book in your Smart phone. So there is no reason to you to past this publication from your list.

Mattie Regan:

The actual book *Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind* (SkyLight Illuminations) will bring one to the new experience of reading a book. The author style to elucidate the idea is very unique. In case you try to find new book to learn, this book very suited to you. The book *Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind* (SkyLight Illuminations) is much recommended to you to learn. You can also get the e-book from the official web site, so you can quickly to read the book.

Kathy Lloyd:

This *Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching*

Stories to Enlighten the Heart & Mind (Skylight Illuminations) is brand-new way for you who has intense curiosity to look for some information because it relief your hunger of information. Getting deeper you upon it getting knowledge more you know or perhaps you who still having bit of digest in reading this Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) can be the light food to suit your needs because the information inside this book is easy to get through anyone. These books produce itself in the form that is certainly reachable by anyone, yes I mean in the e-book type. People who think that in guide form make them feel tired even dizzy this book is the answer. So there is no in reading a book especially this one. You can find actually looking for. It should be here for a person. So , don't miss it! Just read this e-book sort for your better life and also knowledge.

Helen Butts:

E-book is one of source of knowledge. We can add our knowledge from it. Not only for students but additionally native or citizen will need book to know the up-date information of year to be able to year. As we know those ebooks have many advantages. Beside many of us add our knowledge, may also bring us to around the world. From the book Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) we can acquire more advantage. Don't someone to be creative people? To be creative person must love to read a book. Just choose the best book that acceptable with your aim. Don't end up being doubt to change your life with that book Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations). You can more desirable than now.

Download and Read Online Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) By Imam Jamal Rahman #OQ85BA071HV

Read Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) By Imam Jamal Rahman for online ebook

Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) By Imam Jamal Rahman Free PDF download, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) By Imam Jamal Rahman books to read online.

Online Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) By Imam Jamal Rahman ebook PDF download

Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) By Imam Jamal Rahman Doc

Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) By Imam Jamal Rahman Mobipocket

Spiritual Gems of Islam: Insights & Practices from the Qur'an, Hadith, Rumi & Muslim Teaching Stories to Enlighten the Heart & Mind (Skylight Illuminations) By Imam Jamal Rahman EPub