



Facing the Music And Living To Talk About It

By Nick Carter

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This book is Nick Carter's autobiography and self-help hybrid in which he chronicles his struggles with a dysfunctional family and the unimaginable rigors of becoming an internationally successful pop-star at the age of 12. From his battle with addiction to serious health complications and the pain of his younger sister's tragic death, Nick leaves nothing to the imagination and offers true and heartfelt advice to help readers overcome obstacles in their own lives.

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Editorial Review

About the Author

Nick Carter, best known as an incredibly talented member of the Backstreet Boys, has endured a very public struggle with addiction, family turmoil and health issues since the tender age of 12 years old. Together with the rest of the wildly successful boy band, he recorded multiple albums beginning in the 1990s and continues to record and perform with them in 2013. Riding the wave of BSB's worldwide fame, Nick also released two solo albums and starred in a hit reality TV show, "House of Carters," with his four siblings before the tragic death of his sister, Leslie. Carter has not made a secret of his ongoing fight with drug and alcohol abuse over the years he's spent in the public eye, but this book is his first complete account of his tumultuous life and pop-star lifestyle. Determined to use his own story to help change the lives of others battling their own demons, Nick writes this book with an open heart and a deep desire for truth and honesty.

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