



# Career Counseling: Foundations, Perspectives, and Applications

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**Career Counseling: Foundations, Perspectives, and Applications** From  
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This text provides the beginning counseling student with a comprehensive overview and discussion of the practical application of career counseling skills. Based on the view that counselors must be prepared in a holistic manner, it covers the historical and theoretical foundations of career counseling, the skills and techniques needed for career counseling, and contextual perspectives on career and lifestyle planning. Important material that is often overlooked in introductory texts is included, such as career and lifestyle planning with clients in mental health, rehabilitation, and couples and family counseling settings; gender issues; and working with LGBT and minority clients. Throughout the text, case studies, informational sidebars, and experiential activities make for a more engaging learning experience and encourage additional contemplation of chapter content.

This new edition features new, updated, and expanded content throughout; the division of career counseling in schools into separate chapters for K-8<sup>th</sup> grade, high school, and college, including traditional, hybrid, and online campuses; and an online instructor's manual with student resources, offering material to enhance the pedagogical features of the text.

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### **Review**

*"This book, uniquely strong on both theory and practice, provides a monumental resource for students, practitioners, and all persons interested in attaining comprehensive information about this essential area of counseling. Readers can select individual chapters for specialized knowledge or delve into the entire book for an in-depth, up-to-date treatment of career counseling."* - **Robert Wubbolding, Center for Reality Therapy and Xavier University, Ohio, USA**

*"Capuzzi and Stauffer have done it again! This is a comprehensive textbook that will aid students and practitioners alike. The authors provide topical depth and breadth and cover the spectrum of issues and populations one would encounter in the field. This text is a brilliant addition to the profession."* - **Melinda Haley, The University of Texas at El Paso, USA**

*"Capuzzi and Stauffer have gathered a group of experts who have produced excellent chapters written in a common, usable format. Clear chapter titles, quick chapter outlines, and a combination of theoretical and practical applications make this book a good read."* - **Brooke Collison, Oregon State University, USA**

### **About the Author**

David Capuzzi, PhD, LPC, NCC, is a member of the core faculty in the PhD in Counselor Education and Supervision program at Walden University. He is also a Senior Faculty Associate in the Department of Counseling and Human Services at Johns Hopkins University.

Mark D. Stauffer, PhD, NCC, is a contributing instructor in the PhD in Counselor Education and Supervision program at Walden University and in the Department of Teacher and Counselor Education at Oregon State University.

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